

SUSA Trilingual Immersion Weekly Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
8:30 - 9:00 Outdoors and Indoors Free Play <i>Breakfast</i>	<i>Organic Breakfast</i> Free Play time, Good Morning greetings				
9:00 - 9:20 Music and Creative Movement, Indoors	Singing, Rhymes and Creative Movement	Singing, Yoga and Stretching	Singing, Music theory and Classical music appreciation	Singing, Rhythm and Percussion, Drum circle	Singing, Freestyle dancing, Social Games
9:20 - 9:50 Life Skill Development	Numbers and Letters, Drawing skills	Shapes, 3D building, Play Dough	Earth Science: Biology, Animal Life and Behaviour	Earth Science: Geography Geology	Household tool discoveries , Magnets
9:50-10:00 Story time and Emotional IQ	Good manners and Healthy habits	Empathy, Compassion and Feelings	Friendship, Respect and Responsibility	Waste-less living, Connectivity of Life	Emotional & Social learning through Observation
10:00-10:30 Free Play, Psycho-Motor skill development	Balancing and Spatial awareness	Creative Movement	Basic Gymnastics	Ball and Group games	Neighborhood walk
10:30 -10:45 <i>Morning Snack</i>	<i>Organic Morning snack</i>				
11:00 -12:00 Outdoor or Indoor Free play	Sensory activities: sand, water, wading pool, gardening Free play: doll house, dress-up, board games, puzzles, field trip and rotating toy selection				

	Monday	Tuesday	Wednesday	Thursday	Friday
12:00 -12:30 Art and Fine Motor skill development	Mixed media: Beads, stamping, cutting, gluing	Painting and drawing	Cooking and baking Nutrition knowledge	Sculpting clay and salt dough making	Hammering, sewing and weaving
12:15 -12.30 <i>Lunch</i>	<i>Organic Hot Lunch</i>				
12.30-1:00 Calm Play 1:25 Pick-up time	Book and Puzzle time/ Coloring/Free Drawing Getting ready for Quiet time /Toothbrushing Goodbye to Morning Program students				
1:00-3:00 Quiet time	Relaxation and Self Care, Nap time				
3:00-3:45 Indoor/Outdoor Play Time	Free Play time				
3:45-4PM <i>Snack</i>	<i>Organic Afternoon Snack / Picnic</i>				
3:30-5:30 Kinderklasse	Read & Write German, Art instruction, Baking 4-8 yr olds				
4:00-5:25 Outdoor and Indoor free play	Language Instruction in German or Spanish, Balancing, Target practise, Social games, Ball games, Songs, Free drawing, Puzzles,Art instruction, Baking, Walk through neighborhood				
5:25 Goodbye	Songs and Goodbyes				

